

Sripathirao P; Pai VS; Bhaskaranand Kumar; Chacko V

Department of Orthopaedics, Kasturba Medical College, Manipal 576119

Discoid lateral meniscus - a clinical and radiological study

Indian Journal of Orthopaedics. 1990 Jul; 24(2): 228-31

ABSTRACT: Twenty two cases of discoid lateral meniscus in 19 patients are analysed. Tenderness over the lateral joint line and swelling on the anterolateral aspect of the joint are commonly associated clinical features. The "Snap" is not an invariable finding. Contrary to previous reports, torn discoid lateral menisci can present initially in middle life. A possible explanation for such presentation is suggested. Widening of the lateral joint space and flattening of the lateral femoral condyle are more reliable radiological features than cupping of the lateral tibial plateau.

KEYWORDS:

Cartilage/CL; Cartilage/PY; Joints/RA; Cysts; Human; Child; Adolescents